

LONDON

Vegetarian options

All of these restaurants have passed the 'Will I enjoy the food if I'm not a veggie?' test, so take your friends with confidence.

The Conservatory, Lanesborough

Executive chef Paul Gayler has a thing about vegetarian food (in a nice way). With parlour palms and tinkling ivories, this is a splendid, unhurried place in which to indulge yourself, knowing you are in safe hands. With notice, they will also devise a menu especially for you.

Eat and Two Veg

If you like fast food, then Eat and Two Veg, an American style diner might float your boat, with mock meats a speciality. The jury is out as to how good it is in a 'Do you like Marmite?' sort of way.

Manna

Recently refurbished, this restaurant remains the trusted, reliable saviour of the veggie community. With starched white cloths on the table, a good wine list and international food, it is the place to take veggie sceptics.

Carnevale

Small but almost perfectly formed. Food is imaginative, but during busy times it feels cramped (because it is!).

Kastoori

Well established authentic Gujarati vegetarian cuisine with interesting African inspirations. If you like it hot, you'll love it.



The Gate

An all-time favourite that serves good food, of that there can be no doubt; but it can feel chilly, being in a converted church hall. Ideal for larger groups.

Blah, Blah, Blah

They don't take credit cards or have a drinks licence, but the food is invariably good and portions generous. Staff can be tetchy.

222 Veggie Vegan

It's tiny and in a run-down part of town. The success is due to the culinary skills of the experienced chef/proprietor Ben. Forget the ambience: the food is fresh and fabulous. Bargain buffet at lunchtime.

Riverside Vegetaria

The food is reliable, it never seems to close and if you get a table by the window, you can watch the watery world go by.

Mr. Man

A Chinese vegetarian family run the Mr Man restaurant, serving a buffet at lunchtime and à la carte in the evening. The mock duck is fantastic. A utilitarian layout with friendly service. No alcohol.

Send your reviews to: www.which.co.uk/gfgfeedback